Remembering the Seal of Solomon

It feels like we're in a time when our view about what is our reality; about what is our awareness of ourselves as individual and ourselves as one; and the nature of our collective consciousness are subject to change.

Part of the process of change is a remembering what previously we have called ancient wisdom or esoteric knowledge. Increasingly it feels like this knowledge and understanding will become mainstream. It will become our starting point, our baseline from which we observe our interaction with this wonderful, crazy thing we call life in human form. Some of the old knowledge will serve us, some will be dated and be specific to the way we thought then.

In my experience, how we are putting together the remembering of old ways and knowledge is by nudging each other, we each bring a part of the picture along and between us a new picture can emerge.

This is my experience of arriving at a new understanding, a remembering of the Seal of Solomon.

Where it began was a discussion about **Trinity** with friends, Harry Owen and Omar Rafiqi. Trinity is Harry's thing. With three points of reference trinity offers a key to understanding a lot about the nature of ourselves and our realities. A trinity can offer masculine, feminine and new life; or freewill, destiny and arrival at our soul's purpose; and lots more.

The nature of trinity was on my mind following a workshop I did with Vernon Frost. Vernon describes the nature of unconditional love as a triangle with peace and harmony holding an axis and unconditional love at the apex.

Within this triangle fabulous energies can be requested – for healing – for change – for understanding heaven on earth. The triangle appears to be an eternal truth available to us from source. It feels like the nature of life on earth which comes in the form of a promise or contract with us. The deal is peace, harmony and unconditional love. It is. We might say it is 'what is'.

Because this triangle exists in spirit, it exists here on earth too. This follows from the principle of 'As above so below.' Therefore, what would a triangle on earth look like?

What about an axis along two points which are giving and receiving, and a dimension provided by 'honouring'? Along the axis, giving and receiving help us to open our hearts and keep in the flow.

Receiving is something that light-workers are becoming more open to, receiving love, experience, beauty, humour, all the wonders of life. We are all receivers as Kahlil Gilbran reminds us in "The Prophet".

Giving is helping this love, experience, beauty, humour and all the wonders of life to flow. Considered together giving and receiving bring us into the present moment. The dimension we need in which we can bring these fabulous gifts to life might be provided by *honouring*.

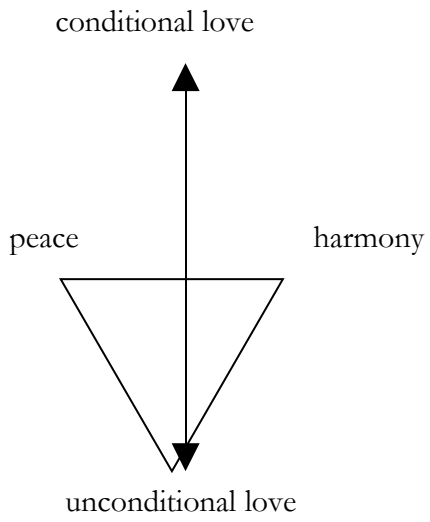
Honouring could be described as an awareness that each person, each animal, plant and mineral is a physical manifestation of universal love, all that is, in our life. When we choose to say a

spiritual greeting to each other, for instance 'The light in me says hello to the light in you' or more simply "namasté" we know that love, light and laughter are present.

Duality. We can loose sight of this balance by focussing on the things which separate us to the exclusion of everything else. This is Omar's inspiration. Like love and fear; plenty and scarcity, or in the earth triangle illustration above, setting up a duality with 'honouring' which is judging or criticism.

To develop this point further, let's say that everything on earth is in perfect balance. This is 'what is'. For unconditional love we have a triangle which balances peace, harmony and unconditional love in equal proportions. By focusing on any one of these points and setting up a point of opposition, a duality, we loose sight of what is. This is illustrated below by opposing unconditional love with conditional love.

Fig 3:



The diagram can resemble the sword in the stone. We've lost sight of what is by focussing on the sword. What is is still there - it's the stone. We've lost sight of it momentarily because we've become wrapped up in the push and pull of opposites. Worthy or also-ran. Can we do it or can we not?

Take any of the other points on the eternal triangle: take peace, and add an opposite, say anxiety, and our ability to see the other two points on the triangle becomes compromised. The same principle applies to our earth triangle. Honouring can be countered by judging and criticising. When we are judging and criticising others it becomes impossible to give and receive, to be in the present moment and go with the flow.

Where's the energy of 'what is' then?
The energy of what is is with us when our triangle is in balance and in equal proportions. If you are interested in energy you might like to experiment with the triangles separately and see what you experience. These can be the triangle which we have as an eternal truth, or it can be the triangle which we construct to mirror the eternal truth which I'm calling the earth triangle. The triangle can be constructed as a physical thing, say three candles holding the points of the triangle and a chair in the middle. Sit on the chair and see how you experience the energy.

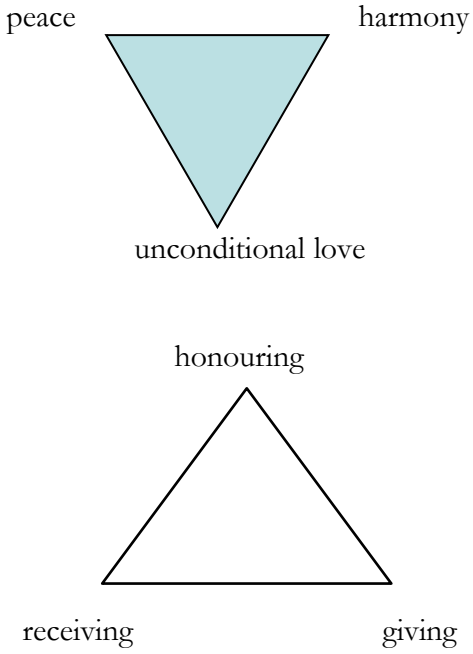
And because our thoughts are energy you can construct a triangle around a situation, a physical location, a person or group of people and so on. The eternal triangle requires you to make a

connection with a love or energy form which can hold and direct energy for your highest good. You can ask for help with this from whatever you perceive to be the purest form of universal love, source, all that is. The energy of what is can then be requested for healing and clearing.

And the triangle of eternal truth and the corresponding earth triangles can be used in conjunction.

Making a bridge
Following the principle of 'as above so below' the triangles can provide a bridge between spirit and matter.

Fig 4:

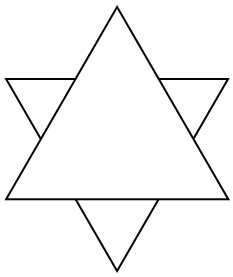


Experiment with this bridge yourself. Find a quiet space and time where you can close your eyes for about five minutes. Ask source or your understanding of the purest form of unconditional love to form a triangle where peace and harmony are made manifest and given a dimension by unconditional love. This is suspended just above you.

Now form an earth triangle by accepting the flow of love on earth and sending this and giving love so that there is an equal flow. If you find this hard to imagine or sense then open the palm of your left hand and imagine or feel love coming through this palm; and then the same love flowing from your right palm. Your open palms form the bottom of your triangle. If nothing is coming simply hold the thoughts as intentions in your palms and see what you experience.

You will need a dimension into which you can step and live and breathe, and this is provided by your third and equal point of reference. This is you honouring life. Seeing universal love, source, creation in everyone else and everything else and let the honour you give to life form the apex to your triangle. When you have your earth triangle and a sense of the eternal triangle allow them to 'bridge' in the space in which they are held just in front and a little above you. You may find that at the point at which they touch there is a 'frisson' or continual spark of energy. If this is working for you and you want to experiment with this further allow the triangles to touch at the points where unconditional love and honouring meet. In my experience this is like a realisation. The

energy of what is is here and can be accessed. Next, ask and allow the triangles to merge. This could be described as an actualisation of the energy and an actualisation of our true nature. We are spirit and matter.



How are you doing? The merged triangles form a space and an energy vortex within which profound healing can take place. They also form what we recognise as the Star of David, or the Seal of Solomon. This may be important to you in terms of the return of information. As in all things see what you make of it. See what you remember. So far as I am aware there are no limitations on what can be achieved or requested in these spaces if the request is for your highest good or the highest good of others.

So is that it, the energy of what is is a triangle?
A triangle can be a flat illustration on a page or a sequence of candles at three points sketching a space within which the most fabulous healing energies can be requested. Or it can be a portal to new dimensions and new possibilities.

Let's be a bit more audacious
Let's suppose that what is can define creation for us, or at least an important principle behind creation, and let's say our triangles represent the birth of a new way of being. What then?

Defining creation might be as simple as 1, 2 & 3
In human or mammal form we take a male seed and a female egg. I and 2. They join together and create one which is also 3. New life, new energy. It's the coming together of male and female energies to create a third which invariably takes a masculine or feminine form.

What if the new energies which are created in the energy of what is are both masculine and feminine? What if the new energy is balanced? I ask the question because **Mary Magdalene**, a spiritual teacher, healer and guide, has popped up a lot in the last few years. Let's say that Mary's energies have been freely accessible to all of us since Easter 2007. I have the sense that Mary has re-emerged because it is time to acknowledge that spiritual truth, what is, heaven on earth, is available to all of us.

When Jesus and Mary joined together on earth 2,000 years ago they gave birth to new life. Recent research suggests the new life is a daughter called Sarah or Tamar, or possibly there was more than one daughter. In the development of this discussion the detail is not as important as the bold outlines. Male and female energies combined.

Let's say for the sake of developing this discussion that Jesus and Mary represent the eternal truth triangle. They have joined together at points 1 and 2 to create a 3rd point of reference, a joining together and the creation of something new. Let's apply the principle of as above so below and that on earth male and female earth energies joined together in Easter 2007. It may be distracting to give names to these energies and on the other hand it may help.

Let's identify the earth female energy as originating with **Lady Gaia** and the earth masculine energy as originating with **Sanat Kumara**. Let's say these energies merged around Easter 2007 to create one which is also a third. A new balanced energy. This gives us a triangle of eternal truth and an earth triangle which are balanced between male and female polarities. The balance occurs because in combining the energy the act of creation makes one and also a third, a new energy.

These triangles might form a bridge between spirit and matter. They look for a portal through which that can happen. Aha! You are a portal and you may be open to receiving these new energies. The new energy from earth, let us call the energy Saul, moves through your energy centres, the chakras, to your heart. The new energy from spirit, let us call the energy Sarah, descends through your energy centres, the chakras, down to your heart centre.

In your heart the two energies merge. To become one and also to create a third. An energy which brings with it balance, peace, harmony, as well as giving, receiving and honouring. Let's call the new energy **Gandana**. The name is a handle, something by which the identity of the energy can be known.

It is the energy itself which has the identity, and brings with it a new dimension. Something we can all step into, live and breathe. Let's say you open your heart so that others might experience some of this new energy. What do you suppose might happen? Could be the birth of a new way of being? Could be a cool place to live?

Namasté.

Declan Kerr

Note: I've covered a lot of ground in a short article. The longer version with more detail and more opportunities to explore these energies and what it might mean to a discovery of yourself is in my book Namasté!. For more information or to order a copy go to www.aaahpublications.com.

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